

Deepening Understanding

YR6 Non-fiction Text

Targeted Vocabulary and Word Meaning Questions

This set of questions is based upon the text 'A Healthy Heart' by Vicky Birch.

Q1

In paragraph 1, the word *'nation'* could be replaced by which word?

idea

understanding

concept

thought

1 Mark

Q2

'The heart: complex, intricate, sophisticated...'
Circle the word closest in meaning to *'intricate'*.

tangled

detailed

complex

complicated

1 Mark



Q3

'As the heart contracts, its muscular force...'

Circle the closest synonym of 'contracts'.

enlarges

expands

diminishes

squeezes

1 Mark

Q4

Circle the phrase which best describes the term '*strenuous*'.

an automatic response

requires a huge amount of effort

requires a great amount of knowledge

requires repetitive actions

1 Mark

Q5

'Regular exercise is paramount to maintaining...'

Explain what the word '*paramount*' means.

1 Mark



Q6

'...saturated fats can be detrimental...'

Circle the closest antonym of 'detrimental'.

worthwhile

unfavourable

destructive

beneficial

1 Mark

Q7

'...functioning and replenishing blood supplies...'

What does the term 'replenishing' mean?

to recover

to reopen

to reduce

to restore

1 Mark

Q8

'...effects that neglecting even one of these factors.'

Define the term 'neglecting'.

1 Mark

